

Balti Dishes

Cooked in the traditional Karahi dish, this aromatic dish is specially prepared using a rich helping of onions, fresh tomatoes and capsicums, special Central Asian spices have also been added to create a unique taste to this particular dish. The dish comes with either a Pilau Rice or Nan Bread.

- Chicken Tikka Balti ...£5.50
- Chicken, Prawn or Meat Balti ...£5.15
- King Prawn Balti ...£7.95
- Balti Tuk Tuk ...£5.95
- Vegetable Balti ...£4.55
- Chicken Tikka Garlic Balti ...£6.50
- Chicken, Prawn or Meat Garlic Balti ...£5.40
- King Prawn Garlic Balti ...£7.95
- Vegetable Garlic Balti ...£4.75
- Chicken Tikka Garlic Chilli Balti ...£6.60
- Chicken, Prawn or Meat Garlic Chilli Balti ...£5.85
- King Prawn Garlic Chilli Balti ...£8.15
- SPICE1 Special Mixed Balti ...£7.75

Vegetarian Healthy Options

We have created some special dishes, which are suitable for vegetarians. These dishes are cooked with fresh vegetables, using the finest high quality herbs and spices.

Seven Spice Sabji Bahar ...£4.95

An exotic dish using the freshest vegetables and the finest herbs and spices.

Sabji Dhal ...£4.25

Vegetables cooked in a variety of spices and a thick lentil sauce.

Chana Masalla ...£4.50

Chickpeas cooked in a special Sauce.

Sabji Rashun ...£4.85

Fresh Vegetables cooked with freshly chopped garlic and spices in a special manner.

Sabji Chilli Masalla ...£4.55

Fresh vegetables and green chillies cooked with Oriental spices to create a hot and spicy taste.



Fresh Vegetable Side Dishes

- Bombay Aloo
- Channa Masalla
- Mushroom Bhaji
- Bindi Bhaji
- Tarka Dhal
- Vegetable Bhaji
- Sag Aloo
- Sag Bhaji
- Garlic Mushroom Bhaji
- Keema Mator
- Vegetable Curry



all ...£1.95

Rice Dishes

- Plain Boiled Rice ...£1.50
- Pilau Rice ...£1.60
- Garlic Pilau ...£1.95
- Mushroom Pilau ...£1.95
- Keema Pilau ...£1.95
- Peas Pilau ...£1.95
- Nuts Pilau ...£1.95
- Chilli Pilau ...£1.95
- Spice1 Special Pilau ...£2.30
- Garlic Mushroom Pilau ...£2.00
- Vegetable Pilau ...£1.95
- Onion Pilau ...£1.95
- Egg Pilau ...£1.95
- Freshly Cut Chips ...£1.00



Freshly Baked Indian Breads

- Plain Nan ...£1.20
- Garlic Nan ...£1.35
- Garlic Chilli Nan ...£1.40
- Keema Nan ...£1.40
- Peshwari Nan ...£1.35
- Tandoori Rooti ...£1.40
- Paratha ...£1.60
- Stuffed Paratha ...£1.75
- Chapati ...£0.65
- Butter Chapati ...£0.70
- Puri ...£0.60
- Papadom ...£0.50
- Spiced Papadoms ...£0.55
- Pickles
(Mixed Pickle, Chilli Pickle, Mango Chutney or Onion Salad) £0.50 Each



English Dishes

All served with fresh green salad & chips.

- Chicken Omelette ...£5.50
- Prawn or Mushroom Omelette ..£5.50
- Plain Omelette ...£4.95
- Fried Scampi£5.50

It is advisable to pre-order your take away meal in advance. During busy periods, delays can be expected as all our food is freshly cooked.



N.B. Side dishes cannot be served without a main course



Contemporary Asian Cuisine

telephone: 0191 455 0600

take-away menu



for collection only

OPENING TIMES

Monday to Saturday
Lunchtimes 12.00 p.m. to 2.00pm
Evenings 6.00pm to 12.00
Sunday 11.30pm

4 Star Gold Award for 2006 recieved from The Affiliation of Master Chefs

1 South Avenue South Shields Tyne & Wear
NE34 6QZ Tel/Fax: 0191 455 0600

visit our website at www.spice1.co.uk
email - spice786shah@hotmail.co.uk

Starters

- Balti Tuk Tuk ...£2.55
- Tandoori Mix Kebab ...£2.70
- Tandoori Chicken ...£2.40
- Sheek Kebab ...£1.80
- Chicken or Lamb Tikka ...£2.35
- Chicken Tikka Stir Fry ...£2.60
- Prawn Mango Puri ...£2.05
- Bhuna Chicken or Prawn on Puri ...£1.95
- Chicken or Channa Chatt ...£1.80
- King Prawn Bhaji ...£3.35
- King Prawn Butterfly ...£3.10
- Garlic Mushroom on Puri ...£1.85
- Chicken Pepper ...£2.80
- Onion Bhaji ...£1.50
- Pakora ...£1.75
- Chicken Pakora ...£2.50
- Somosa (meat or vegetable) ...£1.95
- Mulligatawny Soup ...£1.45
- Haleem Jhul ...£1.95
- Prawn Cocktail ...£1.95
- Spicy King Prawns (Garlic Chilli & Lemon)...£3.25



NEW
Prawn Mango Puri ...£2.05
.....
Spicy King Prawns (Garlic Chilli & Lemon)...£3.35

Tandoori Specialities

The Tandoor is the name given to the traditional clay oven, which is used to cook these special dishes. The Chicken, Meat or King prawn are marinated over night to achieve a fuller taste. They are then skewered like kebab and roasted over the charcoal flames of the Tandoor. These dishes are very dry and are served with a mint sauce dressing and fresh green salad.

- Tandoori Chicken (on the bone) ...£5.15
- Tandoori Mixed Grill ...£6.30
- Tandoori King Prawn ...£8.10
- Tandoori Garlic King Prawn ...£8.35
- Chicken or Lamb Tikka ...£5.25
- Shashlik Chicken or Lamb Tikka ...£5.65
- Chicken Tikka Stirfry ...£5.50



NEW
Try our Tasty Chicken Tikka Stirfry ...£5.25

Chef's Specialities

- Murghi Rashun ...£5.40
Chicken Breast roasted in a garlic sauce and exotic herbs.
- Murghi Masalla ...£5.95
Tandoori Chicken cooked with mincemeat & peas, garnished with fresh green salad and a boiled egg.
- Murghi Zhal Rashun ...£5.60
Chicken Tikka cooked in a hot garlic sauce and hot green chillies then garnished with flakes of garlic.
- Chicken Tikka Jal Frezi ...£5.10
Chicken Tikka cooked in a dryish sauce consisting of onions, capsicum, tomatoes, hot green chillies.
- Cham Cham ...£4.95
Chicken Tikka cooked in a special manner with scrambled eggs, a mild and exotic dish garnished with peanuts and sultanas.
- Chicken Mango Delight ...£5.50
A mouth-watering, aromatic and colourful dish specially prepared with slices of fried capsicums, onions and pieces of fresh mango in a delicately spiced sauce.
- Chicken Tikka Masalla ...£5.15
The most popular dish in Britain. Chicken Tikka cooked in mild creamy sauce, garnished with flakes of almonds and sultana.
- Bangla King Prawns ...£6.75
King Prawns prepared with onions, tomatoes, capsicum in a medium sauce.
- Begun King Prawns ...£6.75
King Prawns prepared with small pieces of aubergine in a medium sauce.
- Karahi Gousht ...£5.10
Lamb specially prepared with onions, capsicums, and tomatoes in a thick dryish sauce
- Saag Chicken Tikka ...£5.10
Chunky pieces of Chicken Tikka cooked in spinach and special herbs and spices.
- Rezala Chicken or Lamb ...£5.10
Tikka fried briskly with fresh onion, black peppers, dhaniya, cumin and tomatoes and then prepared in a thick hot sauce with a hint of yoghurt.
- Zeera Chicken or Lamb ...£5.10
Marinated Tikka fried briskly with fresh onions, black peppers, Cumin and tomatoes.
- Chicken Tikka Shahi ...£5.10
A mild aromatic dish cooked in a mild creamy sauce flavoured with almonds and Ghee.
- Methi Gousht ...£4.95
Lamb cooked with onions, tomatoes and fenugreek leaves. An aromatic and rich flavour.
- Chicken Lemon Grass ...£5.10
Chicken prepared with lemon grass spice and cooked in a home made tangy mild style.
- Butter Chicken ...£5.10
Chicken Breast marinated in butter and mild spices, gently simmered.
- Modhu Chicken ...£5.10
Tender pieces of Chicken Tikka cooked in a creamy sauce, with honey and mild spices.
- Podina Zhal Murgh ...£5.75
Chicken Tikka cooked in a delicious spicy sauce made with a generous amount of Garlic and ginger and a hint of Mint. This dish is Vindaloo Hot
- Jhal Mishti Murgh ...£5.75
Chicken cooked in a madras sauce, with onions, coriander and tomatoes giving a hot and sweet flavour.
- Murghi Supreme ...£5.75
Tender pieces of Chicken Tikka cooked in a creamy sauce prepared with cream, mango and mild spices garnished with Pistacio nuts.
- Jaipuri Murgh ...£5.75
A potent fusion of peppers, onions, garlic, ginger and fresh green chillies and a touch of coconut, simmered in exotic spices, prepared with Chicken Tikka.
- Chicken Breast ...75p Extra



Traditional Curry Dishes

- Korma Dishes
An exotic dish cooked in a very mild creamy sauce, with coconut and sultanas.
- Malayan Dishes
This dish is cooked with mild spices, in a rich creamy sauce, with bananas and pineapple.
- Moglai Pasanda
Cooked in fresh cream, cultured yougurt, nuts and seasonings. Served with a boiled egg.
- Medium Curry Dishes
A medium strength dish rich in flavour, prepared with a medium blend of spices.
- Bhuna Dishes
A medium strength dish prepared with onions, tomatoes, capsicums and coriander.
- Dupiaza Dishes
A similar dish to the Bhuna but involving a more extensive use of fried onions, which are cooked with fresh capsicums and tomatoes.
- Dansak Dishes
A sweet & sour dish which is cooked in a thick lentil sauce with slices of pineapple.
- Pathia Dishes
Cooked with a special blend of oriental spices and tomatoes, and Coconut which provides this dish with a spicy taste.
- Madras Dishes
A South Indian Dish, cooked with a blend of herbs & spices. Quite hot and Saucy.
- Sri Lanka
A fairly hot dish cooked with strong spices and coconut.



Prices for the above Dishes, choose from...

| | |
|------------------------|-----------------------------|
| Chicken Tikka ...£5.05 | Chicken or Beef ...£3.85 |
| Lamb or Prawn ...£4.05 | King Prawn ...£5.75 |
| Vegetable ...£3.35 | Chicken Breast ...75p Extra |

Biryani Dishes

Special Basmati rice is fried with the meat and nuts & sultanas along with delicate spices. served with a Medium Vegetable Curry.

Achar Dishes

A dish which is prepared with special spices that create a spicy & tangy taste.

Rogan Josh

An exotic dish cooked with lots of onions and tomatoes and a combination of spices.

Garlic Dishes

A dish full of the richness of fresh garlic cooked with herbs that have been carefully selected.

Garlic Chilli Dishes

Similar to the garlic dishes but using fresh green chillies to create a very hot taste.

Vindaloo Dishes

One of the hottest dishes available, cooked with black peppers, and some very strong spices to create a unique hot taste.

Prices for the above Dishes, choose from...

| | |
|------------------------|-----------------------------|
| Chicken Tikka ...£5.25 | Chicken or Beef ...£4.15 |
| Lamb or Prawn ...£4.25 | King Prawn ...£5.95 |
| Vegetable ...£3.45 | Chicken Breast ...75p Extra |

Customers with any form of allergy, please ask the Management for advice before ordering. Thank You.